Hidradenitis Suppurativa: an update

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Evidence-Based Treatment Approach

Topical clindamycin + Benzoyl peroxide wash + Systemic Abx (usually doxycycline) + Mini Unroof, Nd:YAG

Hurley Stage I
Evidence-Based Treatment Approach

Topical clindamycin + Benzoyl peroxide wash + Systemic Abx (clinda + rifampin) + Deroofing, CO2 Laser + Mini Unroof, Nd:YAG
Evidence-Based Treatment Approach

Topical clindamycin + Benzoyl peroxide wash + Systemic Abx (clinda + rifampin) OR Infliximab or Adalimumab

Hurley Stage III

Surgical excision +/− Hormonal therapies
Evidence-Based Treatment Approach

**Hurley Stage III**

- **Anakinra or ustekinumab**
- **Other Abx combinations**
- +/- **Hormonal therapies**
- **Surgical excision**
- **Topical clindamycin** + **Benzoyl peroxide wash** + **Systemic Abx (clinda + rifampin)** OR **Infliximab or Adalimumab**
Evidence-Based Treatment Approach

Hurley Stage I
Lifestyle modifications

Hurley Stage II
Pain control

Hurley Stage III
Emotional support
Support Groups

Hidradenitis Suppurativa Foundation (www.hs-foundation.org)