Trichoscopy of trichotillomania (& alopecia areata)

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applying mechanical force to the distal part of the hair shaft

Courtesy: Dr. Luis Sanchez
black dots in trichoscopy of trichotillomania
Trichoscopy in trichotillomania: broken hairs
Flame hairs – a marker of trichotillomania
Tulip hairs in trichotillomania
multiple irregularly broken hairs

flame hairs

TRICHOTILLOMANIA
alopecia areata?

trichotillomania?

alopecia areata?
Alopecia areata in trichoscopy

- Exclamation mark hairs
- Black dots
- Yellow dots
Alopecia areata – exclamation mark hairs
MULTIPLE exclamation mark hairs

Alopecia areata

SINGLE exclamation mark hairs

Trichotillomania
Multiple exclamation mark hairs = high disease activity
Alopecia areata – black dots
black dots
a marker of high disease activity in alopecia areata
but not specific for alopecia areata
Alopecia areata – yellow dots
Alopecia areata

- Yellow dots
- Black dots
- Exclamation mark hairs

Tricho-tillomania

- Broken hairs
- Flame hairs
- Coiled hairs