FRONTAL FIBROSYING ALOPECIA

Lidia Rudnicka
Department of Dermatology, Medical University of Warsaw
Poland
lidiarudnicka@gmail.com

I have no conflicts of interest
Postmenopausal Frontal Fibroscopic Alopecia

Scarring Alopecia in a Pattern Distribution

Steven Kossard, FACD


Abstract

Background
Recession of the frontal hairline is a common event in postmenopausal women. This has
Frontal fibrosing alopecia

- 97% - women
- 83% - postmenopausal
- Average age at onset

Regression of the frontal hair line
~ 1 mm / month

0.3 – 1.5 mm/month
K.T. Tan and A.G. Messenger 2009
Regression of the frontal hair line in FFA
Frontal fibrosing alopecia

Perifollicular scaling & erythema
Frontal fibrosing alopecia

Lonely hair
Loss of eyebrows in FFA (madarosis)

In 36% of patients eyebrow loss is the first of FFA sign
Facial Papules in Frontal Fibrosing Alopecia

Evidence of Vellus Follicle Involvement

Aline Donati, MD; Luciana Molina, MD; Isabella Doche, MD; Neusa S. Valente, MD, PhD; Ricardo Romiti, MD, PhD
Depression of the frontal veins: A new clinical sign of frontal fibrosing alopecia

To the Editor: Frontal fibrosing alopecia (FFA) is a
Glabellar red dots in FFA

1Sector of Dermatology, Federal University of Rio de Janeiro, Rio de Janeiro, Brazil
2Department of Dermatology, University of São Paulo, São Paulo, Brazil
3Department of Dermatology and Cutaneous Surgery, University of Miami Miller School of Medicine, Miami, FL, U.S.A.
E-mail: rodrigopirmez@gmail.com

R. PIRMEZ¹
A. DONATI²
N.S. VALENTE²
C.T. SOGRE¹
A. Tosti³
Trichoscopy in FFA

no follicular openings
Trichoscopy in FFA

mild perifollicular scaling
Trichoscopy in FFA
perifillicular erythema
Trichoscopy of the eyebrow area in FFA
Vulvovaginal-gingival-pilar LP

Frontal fibrosing alopecia

Vulvitis & vaginitis

Gingivitis

Olszewska et al. 2015
Nail involvement in frontal fibrosing alopecia

Melanie Macpherson¹, Parinaz Hohendorf-Ansari², Ralph Michel Trüeb²

¹ Ruben David Azulay Dermatology Institute, Santa Casa da Misericordia, Rio de Janeiro, Brazil
² Center for Dermatology and Hair Diseases, Zurich Wallisellen, Switzerland
<table>
<thead>
<tr>
<th>Topical steroids</th>
<th>Intralesional steroids</th>
<th>Prednisone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Antimalarials</td>
<td>Teracyclines</td>
<td>Mofetyl myco-phenolate</td>
</tr>
<tr>
<td>Acitretin</td>
<td>Finasteride</td>
<td>Dutasteride</td>
</tr>
</tbody>
</table>
triamcinolone 2.5 - 10 mg/ml
Conclusions

Frontal fibrosing alopecia is a subtype of lichen planopilaris

Cicatricial regression of frontal hair line, loss of eyebrows, facial papules

Often coexisting with LPP & mucosal lesions

Treatment is focused on autoimmunity and/or androgens