Schnitzler Syndrome with Neurological Manifestations

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Discussion

Schnitzler syndrome is characterized by a recurrent urticarial rash, accompanied by intermittent fever, arthralgia or arthritis, and bone pain. Monoclonal gammopathy, lymphadenopathy, and elevated serum inflammatory markers are also seen. Our patient demonstrates both of the major diagnostic criteria, urticarial rash and an IgM kappa monoclonal gammopathy, and minor criteria of intermittent fevers, elevated white blood cell count, arthralgia, lymphadenopathy, and elevated ESR. Analyses, an IL-1 receptor antagonist, may demonstrate complete remission in Schnitzler’s syndrome.

Unique aspect of case

Depression and headaches have been reported in a previous case of Schnitzler; however, our case is the first, to our knowledge, to illustrate a close relationship of Schnitzler syndrome with neurological manifestations of delirium.

References