A Publication of the American Academy of Dermatology | Association

boards fodder

Soft tissue fillers, part 1: biodegradable

by Stefanie Altmann, DO, and Natalie M. Curcio, MD, MPH

This chart is an update of **Soft tissue fillers, part 1: biodegradable**, by Natalie M. Curcio, MD, MPH, originally published in 2011.



Stefanie Altmann, DO, is a PGY-3 dermatology resident at Orange Park Medical Center in Florida.



Natalie Curcio, MD, MPH, is a Board-certified dermatologist, fellowship-trained Mohs Surgeon (FACMS), and a Fellowship-trained cosmetic and laser surgeon. She is also president and founder of Curcio Dermatology, PC, in Nashville.

Hyaluronic Acid (HA) Fillers

Derived from bacterial (Streptococcus) fermentation Crosslinked by BDDE (1,4-buanediol diglycidyl ether) Premixed with 0.3% Lidocaine, except for Belotero Balance® No skin test required

No skin test required				
Trade name	Total HA concentration	Needle	FDA-approved indication	Notes
Belotero Balance®	22.5 mg/mL	30 G	Moderate to severe facial wrinkles and folds	CPM® Crosslinking rate variable No lidocaine
Juvéderm® Ultra XC	24 mg/mL	30 G	Moderate to severe facial wrinkles and folds; Lip augmentation	HYLACROSS™ Crosslinking rate ~6%
Juvéderm® Ultra Plus XC	24 mg/mL	30 G	Moderate to severe facial wrinkles and folds	HYLACROSS™ Crosslinking rate ~8%
Juvéderm® Vobella XC	15 mg/mL	32 G	Lip augmentation; Correction of perioral rhytids	• VYCROSS™
Juvéderm® Vollure XC	17.5 mg/mL	30 G	Moderate to severe facial wrinkles and folds	• VYCROSS™
Juvéderm® Voluma XC	20 mg/mL	27 G	Midface volume loss	VYCROSS™ Deep injection (subcutaneous/ supraperiosteal) for cheek augmentation; not for intradermal or in lip injection
Restylane®/ Restylane®-L	20 mg/mL	30 G	Moderate to severe facial wrinkles and folds; Lip augmentation	• NASHA TM • Particle size range: 330-430 m
Restylane® Lyft	20 mg/mL	27 G or 29 G	Moderate to severe facial folds and wrinkles; Midface volume loss; Dorsal hand volume loss	• NASHA TM • Particle size range: 750-1000 m
Restylane® Silk	20 mg/mL	30 G	Lip augmentation; correction of perioral rhytids	NASHATM Particle size range: 50-220 m
Restylane® Defyne	20 mg/mL	27 G	Moderate to severe facial wrinkles and folds; Lip augmentation	XpresHAn™ First approved in Europe under the brand name Emervel
Restylane® Refyne	20 mg/mL	30 G	Moderate to severe facial wrinkles and folds; Lip augmentation	XpresHAn™ First approved in Europe as brand name Emervel Less crosslinked vs. Restylane® Defyne

p. 1 • Winter 2020 www.aad.org/DIR

Soft tissue fillers, part 1: biodegradable

by Stefanie Altmann, DO, and Natalie M. Curcio, MD, MPH

Hyaluronic Acid (HA) Fillers

Derived from bacterial (Streptococcus) fermentation Crosslinked by BDDE (1,4-buanediol diglycidyl ether) Premixed with 0.3% Lidocaine, except for Belotero Balance® No skin test required

No skin test required				
Trade name	Total HA concentration	Needle	FDA-approved indication	Notes
Restylane® Kysse	20 mg/mL	30 G	Lip augmentation; correction of perioral rhytids	• XpresHAn™
Revanesse® Versa™	25 mg/mL	30 G	Moderate to severe facial wrinkles and folds	Thiofix® Technology
RHA® 2 (resilient HA)	23 mg/mL	30 G	Dynamic Moderate to severe facial wrinkles and folds	Preserved Network® technology (PNT) Mid to deep dermis Less cross-linked Teosyal RHA fillers in Europe
RHA® 3	23 mg/mL	27 G	Dynamic Moderate to severe facial wrinkles and folds	Preserved Network® technology (PNT) Mid to deep dermis
RHA® 4	23 mg/mL	27 G	Dynamic Moderate to severe facial wrinkles and folds	Preserved Network® technology (PNT) Deep dermis to superficial subcut More cross-linked

CPM® (Cohesive Polydensified Matrix): proprietary crosslinking process using low and high molecular weight HA to produce a smooth, flexible gel

PNT (Preserved Network® Technology): Utilizes longer HA chains that are less cross-linked leading to a dynamic structure with natural viscoelastic properties

NASHA™ (nonanimal stabilized hyaluronic acid): firmer gels, used to create projection and definition.

XpresHAn™ Technology/OBT™ (Optimal Balance Technology): Uses a range of HA cross-linking and gel calibration (particle size), designed to increase softness and flexibility.

HYLACROSS™ Technology: Utilizes crosslinked high molecular weight HA

VYCROSS™ Technology: Utilizes primarily crosslinked low molecular weight HA (90%) and high molecular weight HA (10%); designed to last longer vs. earlier generation HA fillers with less swelling.

Thiofix® Techology: provides a higher rate of homogenous cross-linking using shear rate mixing and proprietary wet-milling process to produce spherical particles

Micheels, P, et al. Rheological Properties of Several Hyaluronic Acid-Based Gels: A Comparitive Study. J Drugs Dermatol. 2018 Sep 1;17(9):948-954.

Micheels, P, et al. Effect of Different Crosslinking Technologies on Hyaluronic Acid Behavior: A Visual and Microscopic Study of Seven Hyaluronic Acid Gels. J Drugs Dermatol. 2016 May 1;15(5):600-6.

p. 2 • Winter 2020 www.aad.org/DIR

Soft tissue fillers, part 1: biodegradable

by Stefanie Altmann, DO, and Natalie M. Curcio, MD, MPH

Biostimulatory fillers				
Synthetic source No skin test required				
Trade name	Composition	FDA-approved indication	Notes	
Radiesse®/ Radiesse® Plus	Calcium hydroxylapatite (CaHA) microspheres suspended in an aqueous gel carrier Radiesse® Plus contains 0.3% lidocaine	HIV-associated lipoatrophy; Moderate to severe facial wrinkles and folds; Dorsal hand volume loss (Radiesse®)	Radio-opaque on imaging Avoid in lips	
Sculptra®	Poly-L-lactic acid microparticles; reconstitute with sterile water	HIV-associated lipoatrophy; Moderate to severe facial wrinkles and folds	Massage for 5 minutes, 5x/ day for 5 days Given in a series of injec- tions over several months	

Autologous fillers			
Name	Composition	FDA-approved indication	Notes
Autologous fat		Does not require FDA approval if not modified	
LAVIV™ (azficel-T)	Autologous fibroblasts	Moderate to severe nasolabial fold wrinkles	Posterior auricular skin is sent to manufacturer where fibroblasts are isolated and cultured

Biodegradable fillers no longer available in the U.S.		
Source	Trade Name	
Autologous human collagen	Autologen®	
Non-cadaveric human collagen	CosmoDerm® 1, CosmoDerm® 2, CosmoPlast®	
Cadaveric human collagen	Dermalogen®, Cymetra®	
Bovine-derived collagen	Zyderm® I, Zyderm® II, Zyplast®	
Porcine-derived collagen	Evolence®	
Porcine-derived gelatin	Fibrel®	
Hyaluronic acid (from rooster comb)	Hylaform®, Hylaform Plus®	
Hyaluronic acid (from Strep. equis)	Captique®, Elevess®, Prevelle Silk®	

References:

- 1. Bolognia J, Jorizzo J, Schaffer I. Dermatology. Philadelphia: Elsevier; 2017.
- 2. Alikhan A, Hocker TL. Review of Dermatology. Elsevier; 2017.

Some information in this chart has been acquired from the manufacturing company's website:

Belotero (Merz) https://www.belotero.com/

Juvéderm (Allergan) https://www.juvederm.com/

Restylane (Galderma) https://www.restylaneusa.com/

Revanesse https://revanesseusa.com/

RHA Collection https://rhacollection.com/

Radiesse (Merz) https://radiesse.com/

Sculptra (Galderma) https://www.sculptraaesthetic.com/

LAVIV https://www.fda.gov/media/80838/download

p. 3 • Winter 2020 www.aad.org/DIR