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Clinically relevant drug interactions in Dermatology

Sheila M. Valentín Nogueras, M.D.

Dermatologic agent	Interaction	Mechanism		Effect	Comment
Azole antifungal agents	Antacids and H ₂ blockers	Decreased absorption in presence of high pH		Decreased plasma azole antifungal agent	Fluconazole absorption is not significantly influenced by gas tric pH or food.
Macrolide antibiotics	Digoxin	Increased GI absorption of digoxin by altering GI flora		Increased plasma digoxin	
Quinolones	Aluminum/mag- nesium containing antacids, calcium (milk and dairy products), zinc, iron	formation of poorly absorbed com-		Decreased plasma qui- nolone	Administer one to two hours before, and not within four hours after, the ingested meta ions.
Tetracyclines	Digoxin	Increased GI absorption of digoxin Increased by altering GI flora plasma digoxin			
	Cholestyramine and colestipol	Decreased absorption Decreased plasma tetracycline			
	Aluminum/mag- nesium containing antacids, calcium (milk and dairy products), zinc, iron	Decreased GI absorption due to the formation of poorly absorbed complexes between tetracycline and metal ions		Administer one to two hours before, and not within four hours after, the ingested meta ions. Doxycycline and minocy cline may be administered wit food or dairy products without causing a major reduction in absorption, but concurrent use of iron may reduce their absorption.	
Interactions affecting					
Dermatologic agent	Interacting drug	Mechanism	Effect		Comment
Azathioprine	Allopurinol	Inhibition of the xanthine oxidase pathway and shifting to the HGPRT pathway	Excess formation of active metabolite leading to bone marrow sup- pression		If used concomitantly, aza- thioprine dose should be reduced 1/3 to1/4. Monitoring of 6-thioguanine nucleotide is prudent.
	ACE inhibitor	Unknown	Anemia or leukopenia		Azathioprine-induced impair- ment of hematopoiesis and ACE inhibitor-induced decrease in erythropoietin ma result in additive effects on bone marrow.
Azole antifungal agents	Cyclosporine	Decreased metabolism	Increased plasma cyclosporine		
	Warfarin	Decreased metabolism	Increased plasma warfarin		
Bexarotene	Gemfibrozil	Decreased metabolism	Increased plasma con- centrations of bexaro- tene with reports of mas- sive hypertriglyceridemia and pancreatitis		Thought to be at least partially related to CYP 3A4 inhibition by gemfibrozil. Atorvastatin an simvastatin are acceptable
					alternatives.
Contraceptives, oral	Barbiturates, car- bamazepine, phe- nytoin, rifampin, griseofulvin, St John's wort	Increased metabolism	and pa Decrea		



Sheila M. Valentín Nogueras, M.D. is an assistant professor in the department of dermatology at the University of Puerto Rico.



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Dermatologic agent	Interacting drug	Mechanism	Effect	Comment
Gancyclovir	Zidovudine	Probably synergistic myelosuppression	Severe hematologic tox- icity and pancytopenia	The combination is poorly toler- ated in patients with AIDS and serious-CMV disease, with 82% developing severe to life-threat- ening hematologic toxicity.
Macrolide antibiotics	HMG-CoA reductase inhibi- tors	Decreased metabolism	Increased plasma HGM- CoA reductase inhibitor with myositis and rhab- domyolysis	Does not occur with azithro- mycin. (Does not complex with hepatic oxidizing enzymes)
	Quinolones	Probably pharmacody- namic (additive) effect	Life-threatening cardiac arrhythmias and risk of TdP	
	Warfarin	Decreased metabolism	Increased plasma war- farin	Does not occur with azithro- mycin.
Methotrexate	Trimethoprin, sul- fonamides, and dapsone	Synergistic inhibition of the folic acid metabolic pathway	Increased hematologic toxicity	
	Phenytoin, phe- nothiazines, salicy- lates, tetracyclines, chloramphenicol, and sulfonamides	Increased methotrexate levels by displacement of plasma proteins	Increased toxicity	
	NSAIDs, salicy- lates, penicillins	Increased methotrexate levels due to decreased renal perfusion and meth- otrexate excretion	Increased toxicity	
Quinolones	Antiarrhythmic agents	Synergistic prolongation of the QT interval	Life-threatening cardiac arrhythmias, including TdP	
	Tricyclic antide- pressants	Probably pharmacody- namic (additive) effect	Life-threatening cardiac arrhythmias and risk of TdP	
	Warfarin	Unknown	Increased anticoagulant effect of warfarin	
Retinoids, oral	Methotrexate	Probable pharmacody- namic (additive) effect	Increased risk of hepa- titis	
	Tetracyclines	Additive or synergistic effect	Increased risk of pseudotumor cerebri	
Terbinafine	CYP 2D6 sub- strates: TCAs, SSRIs, antipsy- chotics, opioids, β-blockers, class I antiarrhythmics	Decreased metabolism	Increased plasma levels of TCA, SSRI, antipsy- chotic, opioid, β-blocker, class I antiarrhythmics	Terbinafine is a strong inhibitor of CYP 2D6.
Tetracyclines	Warfarin	Elimination of vitamin K-producing bacteria in the gut. Displacement of albumin-bound warfarin	Increased plasma warfarin	Doxycycline is the most likely offender.

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