# AMERICAN ACADEMY OF DERMATOLOGY SKIN DISEASE BRIEFS



# Acne by the numbers

Acne is among 24 skin diseases or disease categories examined in the *Burden of Skin Disease* report commissioned by the American Academy of Dermatology. The report examined prevalence, economic burdens, and mortality for skin disease in the U.S. using 2013 health care claims data drawn from insurance enrollment and claims databases and found that:

- **84.5 million** Americans one in four saw a physician for skin disease; 50% of them are over 65 and have an average of 2.2 skin conditions.
- Skin disease cost the U.S. health care system \$75 billion in medical, preventative, and prescription and non-prescription drug costs.
- One in three Americans with skin disease were seen by a dermatologist, who collaborate with other physicians throughout the health care system in caring for these patients.

More than 5.1 million Americans sought medical treatment for acne in 2013. Acne affects primarily the young population and has a significant impact on productivity for affected individuals. In 2013:

- Acne patients who sought medical care were <u>primarily children and teens</u> under the age of 18 and young adults between 18 and 44 years old.
- Acne resulted in nearly \$400 million in lost productivity for patients and caregivers in 2013 —
  comparable to the productivity cost of skin cancer.

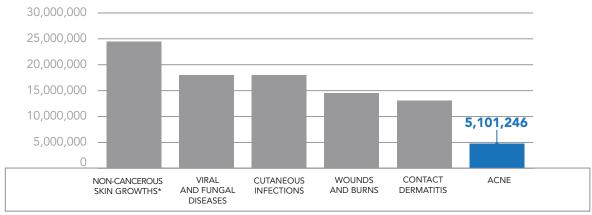
The charts that follow provide topline data on how acne contributes to the overall burden of skin disease.

The full report includes data on prescription and non-prescription drug costs, and how age and insurance status and provider relate to the burden associated with acne and skin disease broadly. To purchase the report visit www.aad.org/BSD.

# **Prevalence**

### NUMBER OF CARED-FOR INDIVIDUALS

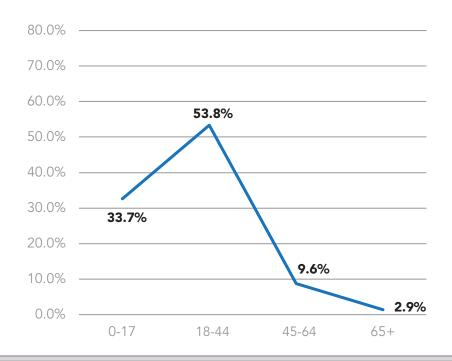
ACNEOTHER SKIN DISEASES



<sup>\*</sup>This category is clinically broad in nature and includes, among other diseases: benign neoplasms, melanocytic nevi (unspecified), pilar cysts, pilonidal cysts (with or without abscess), scars and fibrosis, etc.

### **ACNE PATIENTS BY AGE\***

ACNE



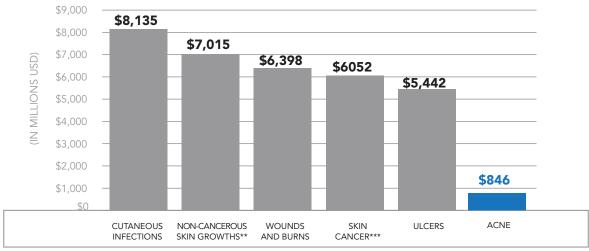
<sup>\*</sup>Percentage of acne patients seen by a physician by age group.

## Cost

### **TOTAL MEDICAL COST\***

ACNE

OTHER SKIN DISEASES

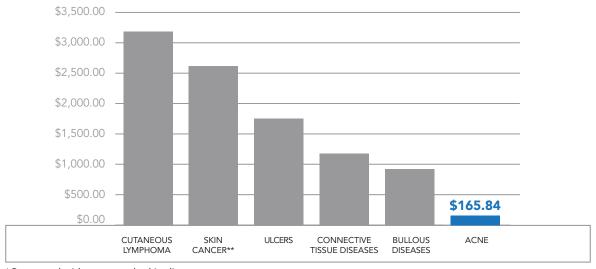


<sup>\*</sup>In millions of dollars compared to most costly skin diseases.

### COST OF SKIN DISEASE PER AFFECTED PERSON\*

ACNE

OTHER SKIN DISEASES



 $<sup>{}^{\</sup>star}\text{Compared}$  with most costly skin diseases.

<sup>\*\*</sup>This category is clinically broad in nature and includes, among other diseases: benign neoplasms, melanocytic nevi (unspecified), pilar cysts, pilonidal cysts (with or without abscess), scars and fibrosis, etc.

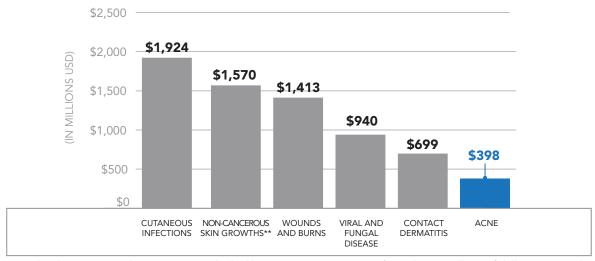
<sup>\*\*\*</sup> Represents combined data for melanoma and nonmelanoma skin cancer.

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# Life Impact

### LOST PRODUCTIVITY (OPPORTUNITY COST)\*

ACNEOTHER SKIN DISEASES



<sup>\*</sup>Time lost by patients and/or caregivers multiplied by average wages in 2013 (\$192/day); In millions of dollars compared with skin diseases leading to the most loss of productivity.

<sup>\*\*</sup>This category is clinically broad in nature and includes, among other diseases: benign neoplasms, melanocytic nevi (unspecified), pilar cysts, pilonidal cysts (with or without abscess), scars and fibrosis, etc.



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