



Approved: Board of Directors – 4/27/13

Position Statement on Treatment of Psoriatic Patients

Therapeutic options in the treatment of chronic plaque psoriasis should be tailored to meet individual patients' needs.¹⁻⁶ Psoriasis patients with moderate-to-severe psoriasis and thus, candidates for systemic therapy, should be placed on the appropriate therapy from the beginning, i.e. phototherapy, or systemic therapy including biologic therapy. The old paradigm of “stepwise-therapy”, i.e., first phototherapy, then oral systemic therapies and finally biologic therapies in ascending order is not required.^{7,8} The decision for treatment should be based on efficacy, potential adverse effects, prior treatments, patient preference, duration and severity of disease, medical risk factors, co-morbidities, and potential impact on quality of life.¹⁻⁶

References

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