HERE’S THE SKINNY ON SKIN

INTERESTING FACTS

Your body has about 19 million skin cells!

Your skin loses about 30,000 to 40,000 old skin cells a day. But don’t worry! Your skin keeps making cells. New skin cells last for about a month before they fall off.

On 1 square inch of skin, we have 650 sweat glands!

Skin cells change shape! They start fat and square, but as they move to the top of the epidermis, they get flatter until they finally flake off!

All the dead skin cells are on top! You have about 18-23 thin layers of dead skin cells!