ACNE AND ROSACEA ARE DIFFERENT SKIN CONDITIONS.

Few people will have all of the signs and symptoms shown here, but knowing what to look for helps.

**ACNE’S SIGNS AND SYMPTOMS**
- Different types of acne on your skin — blackheads, whiteheads, pimples, or deep painful cysts and nodules.
- Redness around your breakouts only.
- Oily skin especially noticeable on your forehead, nose, and chin, unless treatment dries your skin.
- Bumpy skin texture, due to blemishes or scars that appear when acne clears.

**ROSACEA’S SIGNS AND SYMPTOMS**
- Pimple-like breakouts, but no blackheads.
- Eye problems, including bloodshot eyes, red and swollen eyelids, and eye discomfort.
- Redness in the center of your face — on your cheeks, forehead, nose, or chin. The redness can come and go or be permanent.
- Large pores.
- Visible blood vessels.
- Very sensitive skin: Skin care products, makeup, sunscreen, or perfume can cause burning, stinging, or itching.

**WHERE YOU SEE ACNE**
- Face, jawline, neck, upper back, chest, or shoulders are the most common places.

**WHERE YOU SEE ROSACEA**
- Face and eyes. The redness may extend to your scalp, neck, chest, or upper back.

**WHO GETS ACNE**
- **TEENS** and **TWEENS** are most likely to get acne, but newborns and adults also get acne.
- People of **ALL RACES** and **COLORS** get acne.

**WHO GETS ROSACEA**
- People tend to get rosacea after **30 YEARS OF AGE**; however it can begin earlier or later.
- People of **ALL RACES** and **COLORS**, but people with **FAIR SKIN** are most likely to develop it.

**HOW A DERMATOLOGIST CAN HELP**
These two skin conditions tend to require different treatment. A dermatologist can tell you what skin condition you have. You may have acne or rosacea. Some people have both.

It’s also possible that you have another skin condition. A skin reaction called perioral dermatitis, for example, can cause pimple-like breakouts and redness on your face. Other skin conditions can also cause a red face.

A dermatologist can give you an accurate diagnosis and provide you with the right treatment for your skin.

**REFERENCES**

aad.org/public/diseases
See a dermatologist for a successful diagnosis and treatment.