

Resident



Official publication of the
Residents & Fellows Committee,
American Academy
of Dermatology Association

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Message from the Chair

By Eva A. Hurst, M.D.



EVA A. HURST, M.D.

Hello colleagues! I hope that you are all off to a great academic year in your various pursuits. I recently had the privilege of attending the Summer ACADEMY meeting in Chicago. As usual, the meeting was a great success and provided excellent opportunities to meet colleagues and to exchange ideas on a slightly smaller scale than the Annual Meeting. As a result of the hard work of many local dermatologists and residents, the Live Patient Viewing and Discussion Session received particularly rave reviews (see *ACADEMY Meeting News* post edition for a special report on the Live Patient Viewing Session).

As chair of the Residents & Fellows Committee, I had the opportunity to attend the Council on Member Services Meeting as well as the Board of Directors Meeting. One topic of discussion is the continued drive to involve young dermatologists in Academy affairs. To that end, the Academy has significantly reduced dues for the first year out of residency. With the many governmental issues surrounding our profession, ranging from reimbursement and credentialing to Accutane regulation, the Academy wishes to encourage all members to become active in local dermatological societies. Many of these state and local societies have special programs and positions for residents, and I encourage all of you to start now as active participants in regional organizations.

Other highlights from the meeting included the plan for this year's AAD Skin Cancer Screening to set the world record for number of people screened for cutaneous malignancy!

With regard to an issue always important to residents, I plan to soon send out a survey to Chief Residents regarding the use of in-service examination scores at your training programs. Further, we will continue to work with the ABD to improve topic-specific scores and feedback and to try to stabilize costs of the actual certification exam.

For highlights in this issue, don't miss a new Boards' Fodder on Inherited PPKs and a useful article on analysis of financial advisors' credentials. As always, it is my pleasure to serve as your Chair and I look forward to meeting many of you at meetings in the future. **RR**

Practice Made Perfect!

Financial Advisors' Credentials: Making Sense Out of Alphabet Soup

By Lawrence B. Keller, CLU, ChFC

During your residency you will most likely be contacted by a number of individuals offering various types of financial products and/or services. Although the financial decisions that you make during residency will not be complex, you should establish relationships with financial advisors early in your career. By doing so, as your financial situation becomes more complicated, you will have access to professional advice from a team of individuals you already know and trust.

If you are in the market for an advisor, you will want to know the qualifications and experience level of each one that you are considering. The following list is a brief summary of some of the most recognizable designations or certifications that you might see among financial professionals.

Certified Public Accountant (CPA)

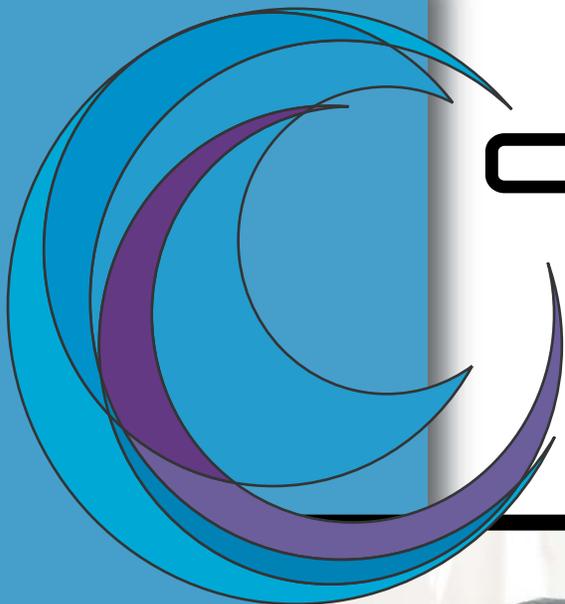
Certified Public Accountants provide you with advice on tax matters and

help you prepare and submit your income tax returns to the Internal Revenue Service. To be a CPA, candidates must pass a 14-hour computer-based test with four sections: Auditing & Attestation, Financial Accounting & Reporting, Regulation, and Business Environment & Concepts. There are also work experience requirements that must be met. Not all accountants are CPAs. CPAs must meet stringent continuing

[SEE ADVISORS' CREDENTIALS PAGE 3](#)

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dsummers@connetics.com

PRACTICE MADE PERFECT FROM PAGE 1

education requirements and are regulated by states as well as their profession's code of ethics.

Personal Financial Specialist (CPA/PFS)

Personal Financial Specialists are CPAs who have demonstrated both knowledge and significant practical experience in the area of personal financial planning. Only CPAs who are members of the American Institute of Certified Public Accountants can earn this designation.

Certified Financial Planner (CFP®)

The CFP® certification is one of the most recognized and prestigious designations in the financial services industry. Certified Financial Planners have completed a series of courses in investments, insurance, income taxes, estate, and retirement planning. They have also passed a comprehensive 10-hour certification exam. Additionally, CFP®s must have at least three years of planning experience (five if they do not have a bachelor's degree) and meet stringent continuing education requirements. Beginning in January of 2007, a bachelor's degree, in any field of study or program, will be required to obtain CFP® certification.

Chartered Financial Consultant (ChFC)

Chartered Financial Consultants have credentials similar to CFP®s. ChFCs have completed a series of courses and exams covering financial, insurance, and estate planning subjects. The ChFC program provides financial planners and others in the financial

services industry with in-depth knowledge of the skills needed to perform comprehensive financial planning for their clients. Additionally, ChFCs must have at least three years of planning experience and meet stringent continuing education requirements. Most ChFCs are also insurance agents.



Chartered Life Underwriter (CLU)

Chartered Life Underwriters are insurance agents who have completed comprehensive educational courses and demonstrated expertise in different areas of estate and insurance planning. This designation is specifically designed to enhance the

knowledge of people employed in the life insurance industry. CLUs must also have at least three years of professional experience.

Chartered Financial Analyst (CFA®)

Chartered Financial Analysts have expertise in investing and portfolio management. They have passed three exams based on investment principles, applied financial analysis, and investment management. Each exam is approximately six hours in length. Additionally, CFA®s must have at least three years of experience in the investment decision making process. Generally, the CFA® designation is



recognized as the definitive standard for measuring competence and integrity in the fields of portfolio management and investment analysis.

Additional questions you might consider asking when selecting a financial or tax professional:

- How much experience do you have working with young physicians?

- What is your educational background and area(s) of expertise?
- How long have you been in your industry?
- Do you hold any professional designations?
- What type of investments or financial products do you recommend most often?
- How are you compensated for your time?
- How often will you contact me to review the financial products and/or services that I might purchase from you?

Lawrence B. Keller, CLU, ChFC is the founder of Physician Financial Services, a New York – based firm specializing in income protection and wealth accumulation strategies for physicians. He can be reached for comments or questions at (516) 677-6211 or by e-mail to lkeller@physicianfinancialservices.com. RR

SAVE THE DATES!

The upcoming dates for the Academy's Dermatology Review regional course and Practice Management Symposium for Residents are:

**Practice Management Symposium
for Residents 2006
San Francisco Hilton
San Francisco, CA
March 2, 2006**

NEW THIS YEAR!

On-line registration for the Practice Management Symposium for Residents 2006 will be available, as well as mail and fax. Watch your mail this fall for your brochure with more information.

**Dermatology Review 2006
Marriott Hilton Head Resort
Hilton Head, SC
June 2 – 4, 2006**

Visit the AAD Website www.aad.org for more information on upcoming regional Dermatology courses for 2006 and watch your mail for brochures.

Boards' Fodder:

Inherited Palmar Plantar Keratodermas

Noushin Heidary, B.A. & Sharon E. Jacob, M.D.

NAME OF PPK SYNDROME	GENE(S) INVOLVED	MODE OF TRANSMISSION	CLINICAL MANIFESTATION
Acrokeratoelastoidosis	Unknown	Autosomal Dominant (AD)	Yellow, hyperkeratotic papules (appearing umbilicated) on border of palms/soles
Brunauer-Fuhs-Siemens syndrome (Striate PPK)	Desmoglein 1	AD	Linear hyperkeratotic streaks on volar surface of finger and palms, with no systemic associations
Clouston syndrome (Hidrotic ectodermal dysplasia)	Connexin 30	AD	Diffuse transgredient PPK, alopecia, nail dystrophy, and other anomalies (cataracts, strabismus, tufted terminal phalanges)
Darier's disease	ATP2a2	AD	Hyperkeratotic papules in seborrheic regions; white and red longitudinal bands, pterigium and V notch on nails
Epidermolysis bullosa simplex associated with PPK	Keratin 5/14	AD	PPK with traumatic palmoplantar & mucocutaneous blistering
Epidermolytic PPK with polycyclic psoriasiform plaques	Keratin 1	AD	Chronic diffuse PPK with flares of psoriasiform plaques
Erythrokeratoderma variabilis	Connexin 31 and 30.3	AD	Transient areas of figurate erythema, hyperhidrosis, PPK with transgrediens, hyperkeratotic plaques
Focal acral hyperkeratosis	Unknown	AD	Crateriform papules showing no elastorrhexis
Focal EPPK	Unknown	AD	Focal and painful keratotic lesions, mainly on plantar pressure points
Focal NEPPK	Unknown	AD	Focal keratosis, often localized to pressure points on palms and soles
Focal palmoplantar keratoderma with oral mucosa hyperkeratosis	Keratin 16	AD	Focal PPK, oral hyperkeratosis, subungual hyperkeratosis
Greither Disease (progressive PPK)	Keratin 9	AD	PPK with transgrediens, involvement of Achilles tendon
Howel-Evans syndrome	Envoplakin	AD	PPK at pressure sites associated with esophageal cancer and oral leukoplakia
Huriez syndrome	Unknown	AD	PPK with sclerodactyly, hypohidrosis
Ichthyosis hystrix of Curth-Macklin	Keratin 1	AD	Spiky, verrucous hyperkeratotic plaques often associated with PPK
Keratosis palmoplantaris punctata (Bushke-Fischer-Bauer)	Unknown	AD	Multiple punctate keratosis on palmoplantar surface
Olmsted Syndrome	Unknown	AD	PPK infancy, oral leukoplakia, ainhum
Pachyonychia congenita (PC) I (Jadassohn-Lewandowsky)	Keratin 6a/16	AD	PPK, hyperhidrosis, mucosal leukokeratosis
PCII (Jackson-Sertoli/Lawler)	Keratin 6b/17	AD	PPK, steatocyst multiplex, natal teeth
PCIII (Schafer-Branauer)	Keratin 6a/17	AD	PPK, with corneal leukokeratosis
PC IV (Tarda)	Unknown	AD	PPK, hyperpigmented flexures
Progressive symmetric erythrokeratoderma	Loricrin	AD	Fixed, symmetric, erythematous hyperkeratotic plaques, sparing the trunk
Vohwinkel's (Classical) syndrome	Connexin 26	AD	PPK-honeycomb surface, juxta-articular "star-fish" keratotic papules, pseudo-ainhum, & high frequency deafness
Vohwinkel's syndrome, ichthyotic variant	Loricrin	AD	Classic Vohwinkel's syndrome, but NOT associated with deafness
Vorner syndrome (diffuse epidermolytic PPK)	Keratin 9	AD	Non-transgrediens, symmetric hyperkeratosis of palms and soles, knuckle pads

NAME OF PPK SYNDROME	GENE(S) INVOLVED	MODE OF TRANSMISSION	CLINICAL MANIFESTATION
Unna-Thost (diffuse non-epidermolytic PPK)	Keratin 1	AD	Non-transgrediens, hyperhidrosis, knuckle pads
Association noted	Mitochondrial serine transfer RNA	Presumed AD	PPK with deafness
Carvajal syndrome	Desmoplakin	Autosomal Recessive (AR)	Generalized PPK with woolly hair and dilated Left ventricular cardiomyopathy
Ectodermal dysplasia/skin fragility syndrome	Plakophilin	AR	Painful PPK, trauma-induced skin erosions, dystrophic nails, sparse hair
Haim-Munk Syndrome	Cathespain C	AR	PPK with severe periodontitis, arachnodactyly, acro-osteolysis, onychogryphosis, and radiographic deformity of fingers
KID syndrome	Connexin 26	AR	Keratitis, Ichthyosis, Deafness, & stippled PPK (moth-eaten)
Lamellar ichthyosis	Transglutaminase 1	AR	Generalized ichthyosis with large scales, hypohidrosis, ectropion, and PPK
Mal de Meleda	SLURP-1	AR	Transgrediens, glove-and-stocking malodorous PPK, palmoplantar hyperhidrosis, hyperkeratotic plaques over joints, nail dystrophy, and perioral erythema
Naxos Disease	Plakoglobin	AR	PPK, congenital woolly hair, right ventricular cardiomyopathy
Papillon-Lefevre syndrome	Cathespain C	AR	Symmetric, diffuse transgrediens PPK, periodontitis & loss of deciduous/ permanent teeth, & calcification of tentorial falx
Richner-Hanhart syndrome	Tyrosine transaminase	AR	Corneal ulcers, mental retardation, painful punctate keratoses on palms/soles, increased serum and urinary tyrosine levels

Recommended reading: Kimyai-Asadi A, Kotcher LB, Jih MH. The molecular basis of hereditary palmoplantar keratodermas. J Am Acad Dermatol. 2002 Sep; 47(3):327-46.

NEXT ISSUE'S BOARDS' FODDER: SYPHILIS



SHARON E. JACOB, M.D.

Sharon E. Jacob, M.D., is an Assistant Professor of Clinical Dermatology, Director of the Contact Dermatitis Clinic and Medical Student Education, Department of Dermatology and Cutaneous Surgery, University of Miami, School of Medicine, Miami, Fla.

New Grant for Residents Completing Training

The American Academy of Dermatology (AAD) has developed a Volunteer Grant Program that will cover the expenses for one or two AAD members annually who volunteer to teach for six months or more at the Regional Dermatology Training Center (RDTC) in Moshi Tanzania or another education program in a developing country.

Applicants must be physician members of the AAD or have completed residency training and have submitted all documentation to become a member prior to the proposed start date. International members are eligible but their volunteer work must be conducted outside their country of residence. When considering multiple



candidates, preference will be given to individuals less than five years out of residency training.

The deadline to receive applications for travel in 2006 is Jan. 1, 2006. For more information, contact Linda Ayers at the American Academy of Dermatology, by phone at (847) 240-1251 or e-mail layers@aad.org.

NPF, AAD Partner on 2005 Chief Residents' Meeting

The 7th Annual National Psoriasis Foundation (NPF) Chief Residents' Meeting, will be held Oct. 28-30, 2005, at the InterContinental Hotel in Chicago, Ill. in partnership with the American Academy of Dermatology (AAD). Each year this one-and-a-half day program focuses on educating dermatology chief residents about recent advances in

SEE NPF MEETING PAGE 7

AAD Residents, Fellows Mentor Program Available

The American Academy of Dermatology's Residents and Fellows Committee (RFC) has formed a mentorship program that is intended to serve as a resource for residents, young physicians, and all AAD members who have career or clinical questions in dermatology.

The Mentorship Program has been designed informally, and specific details, including the scope of the mentorship, are to be worked out on an individual basis. This program is aimed at all residents, fellows and young physicians.

Mentors include:

Michael J. Bernhardt, M.D.
Jacksonville, FL

Alina G. Bridges, D.O.
Rochester, MN

Richard Clark, M.D.
Stony Brook, NY

Fran E. Cook-Bolden, M.D.
New York, NY

Ray Cornelison, Jr., M.D.
Oklahoma City, OK

Edward W. Cowen, M.D.
Bethesda, MD

Jaime Ferrer-Bernat, M.D.
Mexico City, MEXICO

Philip Fleckman, M.D.
Seattle, WA

Carlos Guillen, M.D.
Valencia, SPAIN

Thomas J. Hogarty, M.D.
Sheridan, WY

Sandy Johnson, M.D.
Dublin, OH

Jason Lockridge, M.D.
Helena, AL

Eve Lowenstein, M.D., Ph.D.
Oceanside, NY

Markham C. Luke, M.D., Ph.D.
Rockville, MD

Laertes Manuelidis, M.D.
Fort Myers, FL

Ricardo Mejia, M.D.
Jupiter, FL

George Murakawa, M.D.
Troy, MI

Alessandra B. Alio Saenz, M.D.
San Diego, CA

Linda Spencer, M.D.
Crawfordsville, IN

Virginia P. Sybert, M.D.
Seattle, WA

Birgit K. Toome, M.D.
Voorhees, NJ

LaKimerly Woods-Coates, M.D.
Rockford, IL

Members who would like to participate as a mentor may fill out the questionnaire online at the AAD's Web site, www.aad.org/professionals/Residents/resmentorapp.htm. Mentors will be posted on the residents/fellows and young physicians sections of the AADA Web site. For more information about the program, contact RFC Staff Liaison Steve Currier by phone at (847) 240-1798, or e-mail scurrier@aad.org. **RR**

Resident Coding Symposium Prepares Graduates for Life After Residency

Proper coding and documentation are subjects that many residency programs fail to adequately address. While residents often spend many hours learning the ins and outs of clinical dermatology, it has become all too frequent for graduating residents to depart their training with little or no exposure to even the most basic rules of coding. The Academy and Vernell St. John, the Academy's Coding & reimbursement Specialist, are trying to change that.

Recently, the residents in dermatology at Brown Medical School had an opportunity to partake in the Resident Coding Symposium, led by St. John. An array of important topics were covered in the nearly four-hour seminar. Among the areas addressed were how to properly document to justify a particular E/M code, how to properly code and document various dermatologic procedures, and how to properly use modifiers in coding. The program was well received by the Brown residents. In particular, many of the senior residents felt that the symposium was invaluable preparation for life after residency. Regarding these coding sessions, St. John said, "The

residents appreciate this introduction to coding issues and many have expressed interest in having these sessions available yearly."

For more information about the Resident Coding Symposium, contact Vernell St. John at 847-240-1815 or e-mail vstjohn@aad.org. You may also submit your request for a coding seminar for residents on the AAD website at <http://www.aad.org/professionals/Residents/codingbasics.htm>. **RR**

Get Published!

We are always on the lookout for interesting stories, news, ideas and issues of interest to residents. We'd also like to see more stories written by our readers regarding topics of interest to all dermatology residents. If you have news or ideas for stories, would like to write an article, or provide feedback on something that you've seen in this publication, please contact Resident Roundup editor Dean Monti at the American Academy of Dermatology, dmonti@aad.org.

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Looking for the Perfect Study Companion?

Look no further, the American Academy of Dermatology offers several comprehensive resources to aid in updating your current knowledge of general dermatology or key subspecialty areas while studying for the boards. These educational resources include; *Maintenance of Certification Manual for Dermatology™ (MOCMD™)*, *Dermatology Review*, *Coding and Office Management Review*, and *Dialogues in Dermatology*. Each of these educational resources are designed to keep you abreast of recent advances in diagnosis, management, and treatment of dermatologic diseases.

New for 2005, *Maintenance of Certification Manual for Dermatology™ (MOCMD™)* is the latest resource that provides a self-directed learning opportunity for dermatology professionals to review and enhance their knowledge of general dermatology and key subspecialty areas, while developing professional life long learning skills. *MOCMD* is available for 50 category 1 CME credits.



MOCMD contains over 400 questions with discussions and images, each reviewed by former American Board of Dermatology question writers. *MOCMD* includes a full color manual with an interactive CD-ROM, each divided into four modules. Self-assessments for each module can be submitted all together or as you complete each individual module, allowing you to earn CME credit as you go. The CD-ROM allows you to track the self-assessments you've taken and the ones you've submitted for CME credit, making *MOCMD* a great resource!



Dermatology Review provides a balanced overview of clinical developments in dermatology. Encompassing the content of the two-day course at the AAD's 63rd Annual Meeting, *Dermatology Review* covers 20 major topics, including general dermatology, as well as focusing on updates in subspecialty areas of dermatopathology, dermatologic surgery, dermatologist immunology, and dermatologic pediatrics.

Dermatology Review is available for 13 category 1 CME credits, and comes complete with an interactive audio CD-ROM that contains the lectures from each presentations and an accompanying manual.



Derived from the Annual Meeting's Coding, Documentation, and Practice Management course, the *Coding and Office Management Review*, provides an educational approach to the business and documentation side of dermatology. *Coding and Office Management Review* focuses on the practical aspects of office management and coding for the majority of medical and surgical services. This education program is available for 9.5 category 1 CME credits, and includes an interactive CD-ROM with accompanying manual.

In addition to *Coding and Office Management Review*, *Dialogues in Dermatology* offers unique interviews from top experts in the field of dermatology. With over one-third of North American Dermatologist subscribing annually, *Dialogues* has become one of the Academy's most popular programs. *Dialogues* provides insightful discussions to keep dermatologist informed on timely topics and advances in the treatment of dermatologic diseases.



A one year subscription to *Dialogues in Dermatology* on cassette or CD, contains a self-assessment quiz, answer sheet and references for further study with each monthly issue. The self-assessment quiz is available for up to 24 category 1 CME credits per year. *Dialogues* subscribers can also review written transcripts of the commentary for each discussion, and complete the CME quiz online.

Each of these educational resources is a valuable tool in studying for the boards. Other study tools offered by the Academy include the *Dermatology Core Curriculums*



that contain over 40 updated topics and references. Consisting of two parts, differential diagnosis and advances in diagnosis and treatment, *Dermatology Core Curriculum* provides a practical, concise overview of general dermatology. Also available are the *Subspecialty Core Curriculums: Dermatology Core Curriculum: Dermatopathology*, *Dermatology Core Curriculum: Pediatric Dermatology*, and *Dermatology Core Curriculum: Dermatologic Surgery*.

For more information or to place an order for *Maintenance of Certification Manual for Dermatology™ (MOCMD™)*, *Dermatology Review*, *Coding and Office Management Review*, *Dialogues in Dermatology* or the *Core Curriculums*, call the Member Resource Center (MRC) at 866/503-SKIN (7546) or visit the Academy's web site at www.aad.org, and click on the Marketplace section. RR

NPF MEETING FROM PAGE 5

treatments and the management of psoriasis.

In addition to attending lectures, participants have the opportunity to interact with distinguished faculty and other chief residents during workshops, social functions and scheduled free time.

This year's meeting is in partnership with the AAD as part of the Academy's Psoriasis Education Initiative and aims to provide a weekend that will positively affect how physicians treat psoriasis and psoriatic arthritis in the future.

For more information, including online registration information, visit <http://www.psoriasis.org/medical/courses/chiefresidents/>. RR

Not Your Father's MRC

Member Resource Center has grown, expanded its services

The Academy has been hard at work to find ways to make things easier and more efficient for its members. If you haven't made use of the Member Resource Center lately, you might not know just how much they've grown over the past 20 months.

In the past, you may have contacted the MRC regarding orders (for products and services), to handle membership issues, and for address and CME information. Today's MRC handles all this and more, including handling invoices, providing information for meetings and conventions, and Web site information.

The new MRC also has a Public Information Line which handles Find a Dermatologist, Skin Cancer Screenings and informational Pamphlets, all designed with your patients in mind.

Members in the US can reach the resource center toll free at 866-503-SKIN (7546). International members should dial (847) 240-1280. Or you can email your request to mrc@aad.org.



Some of the many services the MRC now handles include:

- New Memberships
- Membership Dues and Records
- Publications
- CME
- Membership Programs
- Subscription Programs
- Material Request
- Product Orders and Tracking
- Product Returns
- Annual and Summer Meeting Information
- Invoice Queries
- Skin Cancer Screening Kits

AMERICAN ACADEMY OF DERMATOLOGY

Public Information Center

888-462-DERM

The Public Information Center now offers live assistance, designed to suit the needs of the public and your patients. Services include:

- Find a Derm
- Skin Cancer Screening locator
- Pamphlet requests

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Save the Date

American Academy of Dermatology
64th Annual Meeting

San Francisco, CA ☞ March 3-7, 2006

FALL: 2005 VOL. 9, NO. 3

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